LET'S GO SAILING

START

1

2

3

4

Grab sunglasses

Got a cap

Forgot to take sunscreen

Ate a meal before training, you have a lot of energy

Got to your training on time

Prepared the equipment for going on water

Helped your friend carry their boat

Idziesz z wiatrem

Warmed up before training

Put lifejacket on

Didn't check the weather forecast, you don't have proper clothes

Your boat capsized, turn it right side up!

Trimmed the boat well

How dare you throw rubbish into water!

Downwind sailing

Ran aground

Downwind sailing

Getting water out of your boat

Returning to shore on your own

Learned a new knot

Took coach's advice

FINISH

POLISH YACHTING ASSOCIATION

Reach out for more!

POLSAILING

www.polsailing.pl

www.pya.org.pl